

EXHIBIT A – PROGRAM REQUIREMENTS (A-P): SHORT-TERM RESIDENTIAL THERAPEUTIC PROGRAM (STRTP) – OUT-OF-COUNTY (OOC)

I. Program Name

Out-of-County (OOC) Short-Term Residential Therapeutic Program (STRTP)

II. Contracted Services¹

Outpatient Services:

- Mental Health Services
- Case Management/Brokerage
- Crisis Intervention
- Medication Support

Therapeutic Behavioral Services (TBS)

Medi-Cal and Federal Funding Requirements Apply

III. Program Information and Requirements

A. Program Goals

Contractor shall provide services to help the clients and their families accomplish the following goals:

- Reduce psychiatric hospitalizations;
- Assist clients in moving to a lower level of care;
- Replace maladaptive behaviors with more appropriate behaviors;
- Improve clients' ability to live at home and in their community;
- Improve each family's ability to support their child's mental health needs, manage challenging behaviors, and reduce mental health barriers to success; and
- Enhance the quality of client/family life and school/community functioning.

Additional Goals for Educationally Related Mental Health Services (ERMHS)

Contractor shall provide services to help the client:

- Reduce symptomatology, absenteeism, and school suspensions;
- Improve academic and social-emotional functioning;
- Reduce the impact of emotional problems on their ability to acquire new knowledge and skills in the school setting;
- Be successful in a less restrictive educational environment;
- Receive benefit from their special education services;
- Have more satisfying relationships with adults and peers in the school setting.

¹ See all requirements specified in the Exhibit A-1: Standard Requirements, Exhibit A - Scope of Work (SOW), and other Exhibits attached to this Agreement.

B. Target Population

Contractor shall provide services to the following populations:

1. Service Groups

Contractor shall provide services to youth **who meet criteria for Specialty Mental Health Services** and:

- Qualify for special education; whose emotional disturbance impacts their ability to engage in their education; and who have been referred by their Alameda County school district;
- Are Dependents of the Court placed by Alameda County Social Services Agency (SSA) Department of Children and Family Services; and/or
- Are Wards of the Court placed by Alameda County Probation Department of Juvenile Services.

Katie A. and Intensive Care Coordination (ICC) Expansion Services

Contractor shall provide Katie A. services to youth who meet the eligibility criteria as a member of the Katie A. subclass described in the settlement agreement in *Katie A., et al., v. Diana Bonta, et al.*, Case No. CV-02-05662AHM[SHX]. Contractor also shall provide ICC expansion services to other clients who have complex behavioral needs whose treatment requires cross-agency collaboration.

TBS

Contractor shall provide services to Alameda County youth who experience mental health issues and are eligible for services under inter-county arrangements possible under AB 1299 and SB 785.

2. Referral Process to Program

Contractor shall only provide services to youth who have been referred and authorized to receive services by the client's school district per their Individualized Education Program (IEP) or to youth who have been referred by the Court.

Additional Requirements for Katie A. and ICC Expansion Services

Referrals for Katie A. services shall be made by Alameda County Social Services Agency (SSA) in cooperation with ACBH and/or its contracted providers as determined by medical and service necessity. Referrals for ICC expansion services shall be made by other service providers including, but not limited to, mental health therapists and Probation Officers.

Additional Requirements for Intensive Home Based Services (IHBS)

Referrals for IHBS shall be generated by the Child and Family Team (CFT) through an individualized treatment plan.

3. Program Eligibility

For clients referred by the client's school district

Contractor shall only serve clients referred through the IEP process who:

- Meet criteria for Specialty Mental Health Services;
- Have been authorized by ACBH Children and Young Adults System of Care Director or designee to receive services;
- Have been assessed for ERMHS Services and found to qualify; and
- Have been referred and authorized to receive services by the client's school district.

For clients referred by the Court

Contractor shall serve Dependents or Wards of the Court with full-scope Medi-Cal who have been ordered into out-of-home placement by the Court and who are seventeen years of age or younger.

Contractor may only serve Dependents of the Court who 18 years of age or older if:

- The program is licensed to provide services to Non-Minor Dependents, and
- There is a court order changing a youth's status to a Non-Minor Dependent or such change is in process.

Additional Requirement for Katie A. and ICC Expansion Services

Youth shall meet eligibility for Katie A. and ICC expansion services as defined in the "MEDI-CAL MANUAL FOR ICC, IHBS AND THERAPEUTIC FOSTER CARE (TFC) FOR MEDI-CAL BENEFICIARIES."² Contractor shall request and receive authorization for IHBS services from the ACBH Katie A./ICC Coordinator.

Additional Eligibility Criteria for TBS

Contractor shall only serve clients who:

- Meet the initial screening criteria for TBS eligibility; and
- Are authorized by the ACBH TBS Coordinator.

4. Limitations of Service

Contractor shall comply with all service limitations for Katie A. and ICC expansion services as described in the "MEDI-CAL MANUAL FOR ICC, IHBS AND THERAPEUTIC FOSTER CARE (TFC) FOR MEDI-CAL BENEFICIARIES."

C. Program Description

Contractor shall maintain programmatic services at or above the following minimum levels:

1. Program Design

Contractor's clinicians shall be responsible for ensuring that each client receives the appropriate combination of mental health, case management/brokerage, crisis

² Contractor shall adhere to the guidelines in the "MEDI-CAL MANUAL FOR ICC, IHBS AND THERAPEUTIC FOSTER CARE (TFC) FOR MEDI-CAL BENEFICIARIES, 3rd edition (January, 2018)" and any subsequently updated editions.

intervention and/or medication support services, according to the client's specific needs as indicated in each client's treatment plan.

Mental health services shall include collateral, individual and family therapy, group therapy, evaluation, assessment, plan development, interactive complexity, individual and group rehabilitation. Contractor shall utilize family engagement³ strategies for all clients served within this program.

Contractor shall provide medication support, as needed, to clients with Medi-Cal.

Katie A. and ICC Expansion Services

Contractor shall utilize the ICC and IHBS procedure codes in accordance with the guidelines, service limitations/lockouts, and billing requirements set forth in the "MEDI-CAL MANUAL FOR ICC, IHBS AND THERAPEUTIC FOSTER CARE (TFC) FOR MEDI-CAL BENEFICIARIES," the "PATHWAYS TO MENTAL HEALTH SERVICES CORE PRACTICE MODEL GUIDE (2013)," the "ALAMEDA COUNTY MANUAL FOR ICC AND IHBS SERVICES-KATIE A.," and as specified by the ACBH Katie A./ICC Coordinator:

- Code 557: IHBS
- Code 577: ICC
- Code 578: Child Family Team (CFT-ICC)

ICC services shall facilitate assessment of, care planning for and cross system/multi-agency coordination of services, including urgent services. ICC service components shall include assessing; service planning and implementation; monitoring and adapting; and transition.

Contractor shall ensure that clients are aware that IHBS is a service they are eligible to receive through the course of ICC provision upon approval of ACBH Katie A./ICC Coordinator. IHBS shall be offered if identified as a need in a CFT meeting. IHBS shall be provided when included in the client's Individualized Client Plan.

Contractor shall assign cases to an ICC Coordinator within two weeks from the receipt of the referral or Katie A. subclass list broadcast.

TBS

Contractor's TBS program shall supplement other specialty mental health services by addressing the target behaviors/symptoms that are jeopardizing the child's current living situation or planned transition to a lower level of placement. Contractor shall provide short-term treatment services to further the child's overall treatment goals.

Contractor's TBS treatment planning shall be flexible. Intervention strategies shall be refined or altered based on review. Contractor shall include a plan to taper off services as appropriate, and to work with caregivers to continue the utilization of effective

³ Family Engagement is an umbrella term which includes Family Therapy, Collateral Family Therapy, Collateral Family Groups, Multi-Family Groups, Collateral Caregiver, and any other new codes specified by ACBH.

strategies. Contractor shall deliver services at the time and place that provide the best opportunity for intensive therapeutic support towards meeting the treatment plan goals. Contractor shall review client's progress on a weekly basis within the program, and collaboratively with the Specialty Mental Health Provider on at least a monthly basis.

Contractor shall open cases within two weeks from the date of assignment by the ACBH TBS Coordinator unless the client requests postponement of case opening based on the client's preference for a specific provider and/or language/gender capacity.

2. Discharge Criteria and Process

Clients Referred by Client's School District

The discharge criteria, upon which the discharge plan is based, shall be reflected in the treatment plan's goals and objectives, and in the student's IEP goals, standards, objectives, and benchmarks. The IEP goals, standards, objectives, and benchmarks shall be formally reviewed at least annually.

Discharge planning shall involve collaboration between Contractor's treatment/IEP team, students/parents, and ACBH.

Dependents of the Court

Contractor shall discharge clients as determined through the collaborative efforts of Contractor, ACBH, and Alameda County Social Services Agency Department of Children and Family Services.

Wards of the Court

Contractor shall discharge clients as determined through the collaborative efforts of Contractor, ACBH, and the Alameda County Probation Department of Juvenile Services.

3. Hours of Operation

Contractor shall maintain the hours specified in Exhibit A-Scope of Work (SOW).

IHBS and TBS: Services shall be made available whenever needed, including evenings and weekends.

4. Service Delivery Sites

Contractor shall deliver services at designated service delivery sites specified in Exhibit A-SOW.

Contractor shall have and maintain valid licensure as follows:

- California Department of Social Services Community Care Licenses; and
- California Department of Social Services STRTP License.

Contractor shall submit fire clearance and the host County's Medi-Cal Certification, including specific Medi-Cal service functions, to ACBH via the ACBH Site Certification Email at SiteCertification@acgov.org prior to expiration of the existing fire clearance or site certification.

Additional Service Delivery Sites for IHBS

IHBS shall be provided in any setting where the child/youth is naturally located.

D. Minimum Staffing Qualifications

Contractor shall maintain staffing to meet the requirements of STRTP regulations and ACBH Quality Assurance.

IV. Contract Deliverables and Requirements

A. Process Objectives

Contractor shall provide the services, as described in the Program Description, to eligible clients.

B. Quality Objectives

Contractor shall work with ACBH to develop performance measures around quality of care.

C. Impact Objectives

Not applicable.

V. Reporting and Evaluation Requirements

Monthly summaries of the treatment progress are required to be documented by Contractor's staff in the client chart, unless otherwise specified by the ACBH TBS Coordinator.

VI. Additional Requirements

No additional requirements.